

IMPACT ONE ALLSTARS SOUTH

Summer Camps 2025



IMPACT ONE Allstars South is excited to offer a full-range of camps for your children this summer. For your flexibility, camps are held on a week-to-week basis, so you can sign-up based on your individual family needs. Summer camp options are as follows:

Camp Descriptions:	Sample of Activities:
Preschool FUN Camps – open to children 3 to 5 years old (children must be potty-trained), this camp is held select weeks, Monday thru Friday from 8 am to 12 noon.	Children will participate in gym activities such as obstacle courses and trampoline time, themed games*, crafts*, stories, bounce house and supervised play!
SUMMER FUN Camps with Half-Day Morning and Afternoon options – open to children 5 years old and up, this camp is held Monday thru Friday from 8 am to 12 noon and 1 pm to 5 pm.	Morning and Afternoon campers will participate in games*, bounce house fun, crafts*, movies and supervised social fun with friends! Campers will also participate in a variety of activities using various gym equipment.
SUMMER CHEER Camps (Half-Day Afternoon) – open to children 5 years old and up, this camp is offered select weeks throughout the summer, Monday thru Friday from 1 pm to 5 pm. Please Note: children enrolled in CHEER camp weeks must be willing to participate in ALL cheer-related activities. CHEER Camp weeks are marked with ** on the registration form.	Afternoon campers will participate in team building games, tumbling and cheerleading instruction including jumps, motions, stunting and dance. Participants will conclude the week by performing a show-off of their skills for parents/guardians to view.
FUN/CHEER Full Day Camps – open to children 5 years old and up, this camp is held Monday thru Friday from 8 am to 5 pm.	Half-Day Morning and Afternoon FUN or Afternoon CHEER (depending on week) camps join together for a full day of activities!
Full or Half Day Morning/Afternoon w/Early Drop-off and/or Late pick-up Option – an early drop-off of 7:00 am or late pickup option of 6:00 pm may be added.	Participants will have an extra hour of supervised fun in the gym.

*Games will focus on coordination, team building, goal setting and/or competition! Crafts will be age appropriate and can include activities such as coloring, painting, bow-making and more!

Please Note: Lunch, snacks and drinks are **NOT** provided. Please send water, drinks, lunch and/or snacks with your campers each day.

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