



Fall Session 2025

September 2nd thru December 21st, 2025

I1 Member* Pricing:

Class: \$60/month (1 class weekly) | Unlimited: \$150/month

Open Gym: \$15

Non-Member** Pricing:

\$49/month tuition in addition to cost of class(es) above

Open Gym: \$25

I1 Member** is an athlete who is actively enrolled, with monthly auto-pay, taking classes, school tumble and/or on a cheer team at IMPACT ONE. *Non-Member** is an athlete who is NOT actively enrolled, with monthly auto-pay, taking classes, school tumble and/or on a cheer team at IMPACT ONE. All athletes pay tuition.

CLASS SCHEDULE

CLASS	MON	TUES	WED	THUR	FRI	SUN
Tiny Tot Tumbling*** (ages 3-5) ***Tuition is Waived for Tiny Tot		DZ/SM 3:00-3:50 Casadee/Avery	DZ/SM 3:00-3:50 Casadee/Natalie	DZ/SM 4:00-4:50 Cady/Lyla		DZ/SM 1:00-1:50 Brooke/Kyleigh/ Hadleigh
Intro to Tumbling 100	DZ/SM 3:00-3:50 Casadee/ Avery	DZ/SM 4:00-4:50 Casadee/Brooke	DZ/SM 4:00-4:50 Casadee/Natalie	DZ/SM 3:00-3:50 Cady/Avery	DZ/SM 6:00-6:50 Porsha/Natalie/ Paige	DZ/SM 2:00-2:50 Brooke/Kyleigh/ Hadleigh
Intro to Tumbling 200	DZ/SM 5:00-5:50 Foster/Brooke/Katie	DZ/LG 4:00-4:50 Foster/Lyla	DZ/LG 4:00-4:50 Foster/Avery/Lyla	DZ/SM 5:00-5:50 Foster/Natalie/Lyla	DZ/SM 7:00-7:50 Porsha/Natalie/ Paige	DZ/SM 3:00-3:50 Brooke/Lyla/Ella
Basic BHS	DZ/SM 6:00-6:50 Foster/Brooke/Katie	DZ/SM 5:00-5:50 Foster/Brooke DZ/SM 7:00-7:50 Jason/Brooke	10 & UNDER ONLY DZ/SM 5:00-5:50 Foster/Natalie/Lyla	DZ/LG 4:00-4:50 Jason/Foster/Natalie	DZ/SM 4:00-4:50 Natalie/Paige	DZ/SM 4:00-4:50 Brooke/Lyla/Ella
Multi BHS	DZ/SM 4:00-4:50 Casadee/Katie	DZ/SM 6:00-6:50 Foster/Brooke		DZ/SM 7:00-7:50 Foster/Natalie	DZ/SM 5:00-5:50 Natalie	
Tuck/Layout OR Tuck & Above		TUCK & ABOVE DZ/SM 8:00-8:50 Jason	TUCK/LAYOUT DZ/SM 6:00-6:50 Jason/Natalie	12 & UNDER ONLY TUCK & ABOVE DZ/SM 6:00-6:50 Jason/Natalie TUCK & ABOVE DZ/SM 8:00-8:50 Foster/Natalie		
Tuck/Full/Double	DZ/LG 7:00-7:50 Jason/Foster					
Open Gym Drop-in I1 Member \$15 OR Drop-in Non-Member \$25		DZ/LG 8:00-9:00 Foster	DZ/SM 8:00-9:00 Addison			DZ/SM 5:00-6:00 Lyla
School Tumble or Stunt* Monthly* Enrollment \$48/month (\$12/week) OR Drop-in \$15/week (*Monthly rate is adjusted based on number of sessions in the month. Must be part of school team and/or season tryouts to attend.) Please Note: School Tumble is NOT included in Unlimited Tumbling.	Charlotte Catholic Red 3:30-4:30pm Reggie/Foster Weddington DZ/LG 8:00-9:00 Jason/Foster Indian Land HS DZ/SM 8:00-9:00 Tez/Brooke		Fort Mill Varsity Red 4:00-5:00pm Reggie Indian Land MS DZ/SM 7:00-8:00 Jason/Natalie/ Addison Catawba Ridge DZ/LG 7:00-8:00 Tez/Porsha Fort Mill JV DZ/LG 8:00-9:00 Jason/Foster	Pleasant Knoll MS DZ/LG 5:00-6:00 Reggie/Brooke Forest Creek MS DZ/LG 6:00-7:00 Reggie/Brooke	Banks Trail & Springfield MS DZ/LG 5:00-6:00 Porsha/Paige	

Gym Names: DZ/LG = Drop Zone Large, DZ/SM = Drop Zone Small, R = Red, B = Black and G = Gold
Coaches assigned to classes are subject to availability and may change.